



SANDWICHES SANDWICHES ARE SERVED WITH MIXED CHIPS.

CLASSICS

FALL FAVE Turkey Cranberry Walnut Stuffing
cranberry sauce, bacon & herb mayo on stuffing
bread 12.59

Ham & Swiss red onions, tomatoes, pickles,
lettuce & honey mustard on marble rye 9.79

Turkey Breast & Brie roasted red peppers, lettuce,
tomatoes & grain mustard on sourdough 10.79

Chicken Salad red peppers, jicama, celery,
scallions, garlic & mayo with tomatoes, cucumbers,
lettuce & pea shoots on nine grain 10.79

Almond Tuna apples, celery, scallions & mayo
with pickles, lettuce, tomatoes, pea shoots & grain
mustard on nine grain 10.79

Triple Club all-natural turkey, ham, bacon, swiss,
tomatoes, organic arugula, green and red cabbage,
organic carrots, jicama, celery & cilantro aioli on
three slices of toasted nine grain 12.59

BLT Plus cheddar, avocado & herb mayo on
sourdough 11.59

Roasted Sweet Potato goat cheese, fig confit,
tomatoes, organic arugula, fennel & balsamic
vinaigrette on herb focaccia 10.79

GRILLED & HOT

Reuben corned beef brisket, caramelized onion
sauerkraut, swiss & thousand island on marble rye
11.59

Wildflower Grilled Cheese swiss, brie, cheddar,
organic arugula & tomatoes on nine grain 9.29

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Select two 11.79

HALF SANDWICH

Almond Tuna
BLT Plus
Chicken Salad
Ham & Swiss
Roasted Sweet Potato
Turkey Breast & Brie

SALAD

Asian
Chopped
Garden
Kale-Romaine Caesar
Southwest Superfood
Strawberry Spinach

BOWL OF SOUP

choice of today's
soup selections
with bread boule +1.89

SALADS ALL SALADS ARE SERVED WITH FRESH-BAKED ARTISAN BREAD.

1 SELECT A SALAD

FAN FAVE Chopped organic arugula, cranberries,
organic dried sweet corn, red peppers, sunflower
seeds, all-natural feta & couscous with pesto
vinaigrette 8.69

Southwest Superfood spinach, organic
quinoa, roasted tomatoes, avocado, black beans,
roasted red bell peppers, cilantro, organic dried
sweet corn, goat cheese & toasted pepitas with
cilantro lime vinaigrette 9.99

Strawberry Spinach blue cheese, bacon, organic
dried sweet corn, basil & toasted walnuts with
chipotle poppy seed dressing 8.69

Asian organic field greens, cabbage, cucumbers,
organic carrots, jicama, celery, scallions,
sesame seeds & crispy noodles with thai peanut
dressing* 8.69

NEW Garden organic field greens, heirloom
cherry tomatoes, organic carrots, jicama, celery,
cucumbers, red peppers, marinated fennel, red
onions, & sunflower seeds with northern italian
vinaigrette 8.69

Kale-Romaine Caesar organic baby kale, romaine,
roasted chickpeas, parmesan & croutons with
caesar dressing 8.69

2 CHOOSE A PROTEIN

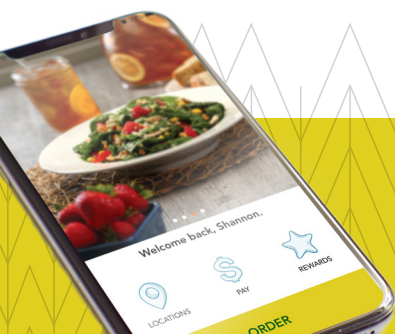
All-Natural Chicken.....	4.29
Wild Alaskan Salmon	
Seared Fillet	5.49
Chopped	4.29
Organic Plant-Based Chicken.....	4.89
Organic Quinoa.....	2.89

All-Natural Salad Dressings

Dressings: chipotle poppyseed, caesar, ranch,
thai peanut*

Vinaigrettes: balsamic, cilantro lime, northern
italian, pesto

GF Our salad dressings are gluten-free unless
noted with *



ORDER ONLINE,
NOT IN LINE



Learn more at
wildflowerbread.com

DINNER

SERVED FROM 3 PM UNTIL CLOSE. ALL PASTA ENTRÉES ARE SERVED WITH GRILLED GARLIC BREAD.

PASTAS

NEW **Penne Rosa** ground beef & pork, roasted mushrooms, blistered heirloom cherry tomatoes, chipotle-tomato cream sauce, petite peas, rosemary, parmesan & parsley 12.29

Salmon Alfredo wild alaskan salmon over linguini, sundried tomatoes, capers, parsley & parmesan 12.29

Rosemary Chicken penne, rosemary cream sauce, lemon, sundried tomatoes, petite peas, parsley & parmesan 12.29

Mac & Cheese cavatappi, three cheese sauce, mama lil's peppers & bread crumbs 10.29

Butternut Squash Ravioli with roasted walnut cream sauce & nutmeg 10.99

TRY ME **Pesto Chicken** linguini, all-natural feta, roasted red peppers, spinach, parsley & parmesan 12.29

Three Cheese Ravioli marinara, parsley & parmesan 10.99

Your Choice of Pasta your choice of marinara, pesto or creamy alfredo with parsley & parmesan 9.69

KIDS

TWELVE & UNDER ONLY PLEASE 6.69
PASTAS SERVED FROM 3 PM.

ANY TIME

PB&J or Grilled Cheddar

Two Hearty Meatballs

Mac & Cheese

Kids Pick Full Sandwich

turkey or ham
swiss or cheddar cheese
sourdough or nine grain

finish with herb mayo, grain mustard,
lettuce, tomatoes, dill pickles or ketchup

ARTISAN SALADS OR SANDWICHES

1. Select a Salad or a Half Sandwich

Salads: Asian • Kale-Romaine Caesar •
Chopped • Southwest Superfood •
Strawberry Spinach

Sandwiches: Almond Tuna • BLT Plus • Chicken
Salad • Ham & Swiss • Roasted Sweet Potato •
Turkey Breast & Brie

2. Choose a Protein

All-Natural Chicken 4.29 | **Wild Alaskan Salmon Fillet** 5.49 | Chopped 4.29

Organic Quinoa 2.89 | **Organic Plant-Based Chicken** 4.89

ADD A PROTEIN

All-Natural Chicken 4.29
Wild Alaskan Salmon Fillet 5.49
Organic Plant-Based Chicken 4.89

PERFECT PAIRINGS

Side Caesar Salad 2.99
Side Organic Field Greens Salad 2.99
Two Hearty Meatballs 5.29

Specialty Desserts

Treat yourself to a homemade cookie, dessert bar or slice of cake. Please call or stop by our dessert case for today's selections.

Custom Cakes

We make personalized cakes for special occasions. Call us or visit a Wildflower location to discuss dessert ideas for your upcoming celebration.

TOASTS

SERVED ON ARTISAN BREAD.
QUICK BITES SERVED ALL DAY.

Avocado with crushed red pepper, kosher salt & olive oil 5.69

Fig & Ricotta with honey & pistachios 5.69

Meatballs & Ricotta with garlic bread & marinara 7.29



DINNER

Kids Pick Pasta

your choice of pasta
butter, marinara, pesto or creamy alfredo

Three Cheese Ravioli with marinara

Includes a small drink, fresh fruit & a chocolate chip cookie. Wildflower activity sheet & crayons are available – just ask!

S O U P

Served with fresh-baked artisan bread. Varieties rotate daily.

Bread Boule

sourdough boule with your choice of today's soup & whipped butter 8.59

Cup 6.29

Bowl 7.29

Quart 15.99

V Vegetarian

VG Vegan

DF Dairy-Free

GF Gluten-Free

Gluten-free: served without bread on request



We strive to serve local, natural, organic ingredients while creating great-tasting, affordable food that is good from the inside out.