



SANDWICHES SANDWICHES ARE SERVED WITH MIXED CHIPS.

CLASSICS

NEW **Shrimp Roll** celery, scallions & new orleans remoulade with cucumbers, tomatoes & organic arugula on a grilled brioche roll 12.59

Ham & Swiss red onions, tomatoes, pickles, lettuce & honey mustard on marble rye 9.79

Turkey Breast & Brie roasted red peppers, lettuce, tomatoes & grain mustard on sourdough 10.59

Chicken Salad red peppers, jicama, celery, scallions, garlic & mayo with tomatoes, cucumbers, lettuce & pea shoots on nine grain 10.59

Almond Tuna apples, celery, scallions & mayo with pickles, lettuce, tomatoes, pea shoots & grain mustard on nine grain 10.59

Triple Club all-natural turkey, ham, bacon, swiss, tomatoes, organic arugula, green and red cabbage, organic carrots, jicama, celery & cilantro aioli on three slices of toasted nine grain 12.59

BLT Plus cheddar, avocado & herb mayo on sourdough 11.59

Roasted Sweet Potato goat cheese, fig confit, tomatoes, organic arugula, fennel & balsamic vinaigrette on herb focaccia 10.59

GRILLED & HOT

Reuben corned beef brisket, caramelized onion sauerkraut, swiss & thousand island on marble rye 11.59

Wildflower Grilled Cheese swiss, brie, cheddar, organic arugula & tomatoes on nine grain 9.29

SALADS ALL SALADS ARE SERVED WITH FRESH-BAKED ARTISAN BREAD.

1 SELECT A SALAD

NEW **Summer Crunch** romaine, snap peas, pea shoots, heirloom cherry tomatoes, marinated fennel, red onions, basil, organic dried sweet corn & toasted walnuts with lemon ricotta dressing 9.99

Southwest Superfood spinach, organic quinoa, roasted tomatoes, avocado, black beans, roasted red bell peppers, cilantro, organic dried sweet corn, goat cheese & toasted pepitas with cilantro lime vinaigrette 9.99

Strawberry Spinach gorgonzola, bacon, organic dried sweet corn, basil & toasted walnuts with chipotle poppy seed dressing 8.59

Chopped organic arugula, cranberries, organic dried sweet corn, red peppers, sunflower seeds, all-natural feta & couscous with pesto vinaigrette 8.59

Asian organic field greens, cabbage, cucumbers, organic carrots, jicama, celery, scallions, sesame seeds & crispy noodles with thai peanut dressing* 8.59

Kale-Romaine Caesar organic baby kale, romaine, roasted chickpeas, parmesan & croutons with caesar dressing 8.59

Wildflower organic field greens, tomatoes, organic carrots, celery, jicama, red peppers, red onions, scallions, toasted sunflower seeds & lavender with cilantro lime vinaigrette 8.59

W F T W O

Select two 11.59

HALF SANDWICH

Almond Tuna
BLT Plus
Chicken Salad
Ham & Swiss
Roasted Sweet Potato
Turkey Breast & Brie

SALAD

Asian
Chopped
Kale-Romaine Caesar
Southwest Superfood
Strawberry Spinach
Wildflower
Summer Crunch

BOWL OF SOUP

choice of today's
soup selections
with bread boule +1.89

2 CHOOSE A PROTEIN

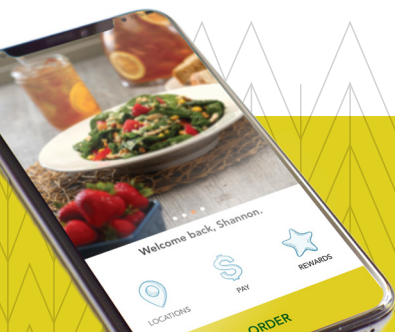
All-Natural Chicken.....	4.29
Wild Alaskan Salmon	
Seared Fillet	5.49
Chopped	4.29
Organic Plant-Based Chicken.....	4.89
Organic Quinoa.....	2.89

All-Natural Salad Dressings

Dressings: chipotle poppyseed, caesar, lemon ricotta, ranch, thai peanut*

Vinaigrettes: balsamic, cilantro lime, pesto

GF Our salad dressings are gluten-free unless noted with *



ORDER ONLINE,
NOT IN LINE



Learn more at
wildflowerbread.com/order

DINNER

SERVED FROM 3 PM UNTIL CLOSE. ALL PASTA ENTRÉES ARE SERVED WITH GRILLED GARLIC BREAD.

PASTAS

TRY ME **Salmon Alfredo** wild alaskan salmon over linguini, sundried tomatoes, capers, parsley & parmesan 12.29

Rosemary Chicken penne, rosemary cream sauce, lemon, sundried tomatoes, petite peas, parsley & parmesan 12.29

Mac & Cheese cavatappi, three cheese sauce, mama lil's peppers & bread crumbs 9.69

Butternut Squash Ravioli with roasted walnut cream sauce & nutmeg 10.99

Pesto Chicken linguini, all-natural feta, roasted red peppers, spinach, parsley & parmesan 12.29

Three Cheese Ravioli marinara, parsley & parmesan 10.99

Your Choice of Pasta your choice of marinara, pesto or creamy alfredo with parsley & parmesan 9.59

ADD A PROTEIN

All-Natural Chicken 4.29
Wild Alaskan Salmon Fillet 5.49
Organic Plant-Based Chicken 4.89

PERFECT PAIRINGS

Side Caesar Salad 2.89
Side Field Greens Salad 2.89
Two Hearty Meatballs 4.89

Specialty Desserts

Treat yourself to a homemade cookie, dessert bar or slice of cake. Please call or stop by our dessert case for today's selections.

Custom Cakes

We make personalized cakes for special occasions. Call us or visit a Wildflower location to discuss dessert ideas for your upcoming celebration.

TOASTS

SERVED ON ARTISAN BREAD. QUICK BITES SERVED ALL DAY.

Avocado with crushed red pepper, kosher salt & olive oil 5.69

Fig & Ricotta with honey & pistachios 5.69

Meatballs & Ricotta with garlic bread & marinara 6.99



KIDS

TWELVE AND UNDER ONLY PLEASE 6.69
PASTAS SERVED FROM 3 PM.

ANY TIME

PB&J or Grilled Cheddar

Two Hearty Meatballs

Mac & Cheese

Kids Pick Full Sandwich

turkey or ham
 swiss or cheddar cheese
 sourdough or nine grain

finish with herb mayo, grain mustard, lettuce, tomatoes, dill pickles or ketchup

ARTISAN SALADS OR SANDWICHES

1. Select a Salad or a Half Sandwich

Salads: Asian • Kale-Romaine Caesar • Chopped • Southwest Superfood • Strawberry Spinach • Wildflower

Sandwiches: Almond Tuna • BLT Plus • Buffalo Chicken • Chicken Salad • Ham & Swiss • Roasted Sweet Potato • Turkey Breast & Brie

2. Choose a Protein

All-Natural Chicken 4.29 | **Wild Alaskan Salmon Fillet** 5.49 | **Chopped** 4.29

Organic Quinoa 2.89 | **Organic Plant-Based Chicken** 4.89

DINNER

Kids Pick Pasta

your choice of pasta
 butter, marinara, pesto or creamy alfredo

Three Cheese Ravioli with marinara

Includes a small milk or soda, fresh fruit & a chocolate chip cookie. Wildflower activity sheet & crayons are available – just ask!

S O U P

Served with fresh-baked artisan bread. Varieties rotate daily.

Bread Boule

sourdough boule with your choice of today's soup & whipped butter 8.59

Cup 6.29

Bowl 7.29

Quart 15.99

V Vegetarian

VG Vegan

DF Dairy-Free

GF Gluten-Free

Gluten-free: served without bread on request



We strive to serve local, natural, organic ingredients while creating great-tasting, affordable food that is good from the inside out.