



SANDWICHES SANDWICHES ARE SERVED WITH MIXED CHIPS.

CLASSICS

Ham & Swiss red onions, tomatoes, pickles, lettuce & honey mustard on marble rye 9.59

Turkey Breast & Brie roasted red peppers, lettuce, tomatoes & grain mustard on sourdough 10.29

Chicken Salad red peppers, jicama, celery, scallions, garlic & mayo with tomatoes, cucumbers, lettuce & pea shoots on nine grain 10.29

Almond Tuna apples, celery, scallions & mayo with pickles, lettuce, tomatoes, pea shoots & grain mustard on nine grain 10.29

Triple Club all-natural turkey, ham, bacon, swiss, tomatoes, organic arugula, green and red cabbage, organic carrots, jicama, celery & cilantro aioli on three slices of toasted nine grain 12.29

BLT Plus cheddar, avocado & herb mayo on sourdough 11.29

Roasted Sweet Potato goat cheese, fig confit, tomatoes, organic arugula, fennel & balsamic vinaigrette on herb focaccia 10.29

GRILLED & HOT

FAN FAVE **Reuben** corned beef brisket, caramelized onion sauerkraut, swiss & thousand island on marble rye 11.29

Wildflower Grilled Cheese swiss, brie, cheddar, organic arugula & tomatoes on nine grain 9.29

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Select two 11.29

HALF SANDWICH

- Almond Tuna
- BLT Plus
- Chicken Salad
- Ham & Swiss
- Roasted Sweet Potato
- Turkey Breast & Brie

SALAD

- Asian
- Chopped
- Kale-Romaine Caesar
- Southwest Superfood
- Strawberry Spinach
- Wildflower

BOWL OF SOUP

choice of today's soup selections
with bread boule +1.60

SALADS ALL SALADS ARE SERVED WITH FRESH-BAKED ARTISAN BREAD.

1 SELECT A SALAD

TRY ME **Snappy Peas & Greens** romaine, pea shoots, marinated fennel, red onions, basil & toasted walnuts with lemon ricotta dressing 8.29

Southwest Superfood spinach, organic quinoa, roasted tomatoes, avocado, black beans, roasted red bell peppers, cilantro, organic dried sweet corn, goat cheese & toasted pepitas with cilantro lime vinaigrette 9.69

Strawberry Spinach gorgonzola, bacon, organic dried sweet corn, basil & toasted walnuts with chipotle poppy seed dressing 8.29

Chopped organic arugula, cranberries, organic dried sweet corn, red peppers, sunflower seeds, all-natural feta & couscous with pesto vinaigrette 8.29

Asian organic field greens, cabbage, cucumbers, organic carrots, jicama, celery, scallions, sesame seeds & crispy noodles with thai peanut dressing* 8.29

Kale-Romaine Caesar organic baby kale, romaine, roasted chickpeas, parmesan & croutons with caesar dressing 8.29

Wildflower organic field greens, tomatoes, organic carrots, celery, jicama, red peppers, red onions, scallions, toasted sunflower seeds & lavender with cilantro lime vinaigrette 8.29

2 CHOOSE A PROTEIN

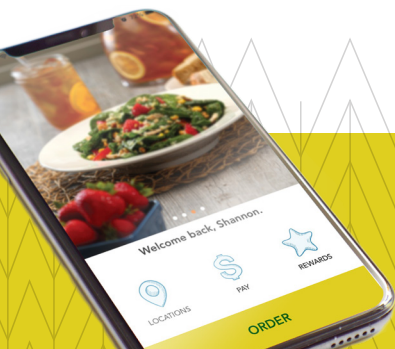
All-Natural Chicken.....	3.99
Wild Alaskan Salmon	
<i>Seared Fillet</i>	5.49
<i>Chopped</i>	3.99
Organic Plant-Based Chicken.....	4.69
Organic Quinoa.....	2.69

All-Natural Salad Dressings

Dressings: chipotle poppyseed, caesar, lemon ricotta, ranch, thai peanut*

Vinaigrettes: balsamic, cilantro lime, pesto

GF Our salad dressings are gluten-free unless noted with *



ORDER ONLINE,
NOT IN LINE



Learn more at
wildflowerbread.com/order

DINNER

SERVED FROM 3 PM UNTIL CLOSE. ALL PASTA ENTRÉES ARE SERVED WITH GRILLED GARLIC BREAD.

PASTAS

TRY ME **Rosemary Chicken** penne, rosemary cream sauce, lemon, sundried tomatoes, petite peas, parsley & parmesan 11.99

Mac & Cheese cavatappi, three cheese sauce, mama lil's peppers & bread crumbs 9.49

Butternut Squash Ravioli with roasted walnut cream sauce & nutmeg 10.69

Pesto Chicken linguini, all-natural feta, roasted red peppers, spinach, parsley & parmesan 11.99

Three Cheese Ravioli marinara, parsley & parmesan 10.69

Your Choice of Pasta your choice of marinara, pesto or creamy alfredo with parsley & parmesan 9.29

ADD A PROTEIN

All-Natural Chicken	3.99
Wild Alaskan Salmon Fillet	5.49
Organic Plant-Based Chicken	4.69

PERFECT PAIRINGS

Side Caesar Salad	2.59
Side Field Greens Salad	2.59
Two Hearty Meatballs	4.69

Specialty Desserts

Treat yourself to a homemade cookie, dessert bar or slice of cake. Please call or stop by our dessert case for today's selections.

Custom Cakes

We make personalized cakes for special occasions. Call us or visit a Wildflower location to discuss dessert ideas for your upcoming celebration.

TOASTS

SERVED ON ARTISAN BREAD. QUICK BITES SERVED ALL DAY.

Avocado with crushed red pepper, kosher salt & olive oil 5.39

Fig & Ricotta with honey & pistachios 5.39

Meatballs & Ricotta with garlic bread & marinara 6.99

Marinated Mushrooms & Herb Cheese with herb chèvre & balsamic glaze 5.39



KIDS

TWELVE AND UNDER ONLY PLEASE 6.49 PASTAS SERVED FROM 3 PM.

ANY TIME

PB&J or Grilled Cheddar

Two Hearty Meatballs

Mac & Cheese

Kids Pick Full Sandwich

turkey or ham
swiss or cheddar cheese
sourdough or nine grain

finish with herb mayo, grain mustard, lettuce, tomatoes, dill pickles or ketchup

ARTISAN SALADS OR SANDWICHES

1. Select a Salad or a Half Sandwich

Salads: Asian • Kale-Romaine Caesar • Chopped • Southwest Superfood • Strawberry Spinach • Wildflower

Sandwiches: Almond Tuna • BLT Plus • Buffalo Chicken • Chicken Salad • Ham & Swiss • Roasted Sweet Potato • Turkey Breast & Brie

2. Choose a Protein

All-Natural Chicken 3.99 | **Wild Alaskan Salmon Fillet** 5.49 | **Chopped** 3.99

Organic Quinoa 2.69 | **Organic Plant-Based Chicken** 4.69

DINNER

Kids Pick Pasta

your choice of pasta
butter, marinara, pesto or creamy alfredo

Three Cheese Ravioli with marinara

Includes a small milk or soda, fresh fruit & a chocolate chip cookie. Wildflower activity sheet & crayons are available – just ask!

S O U P

Served with fresh-baked artisan bread. Varieties rotate daily.

Bread Boule

sourdough boule with your choice of today's soup & whipped butter 8.29

Cup 5.89

Bowl 6.89

Quart 14.49

V Vegetarian

VG Vegan

DF Dairy-Free

GF Gluten-Free

Gluten-free: served without bread on request



We strive to serve local, natural, organic ingredients while creating great-tasting, affordable food that is good from the inside out.